



Lunch Menu

Weeks of 1/30/23 – 2/10/23

Below is the breakfast and lunch menu for weeks of January 30, 2023 – February 10, 2023.

*** Menu is subjected to change without notice.**

Menu	Monday – 1/30	Tuesday –1/31	Wed. – 2/1	Thursday- 2/2	Friday – 2/3
Breakfast	Scrambled Eggs; Wheat Toast; Jelly; Apple; Milk	Whole Grain Cereal; Milk Animal Crackers; Raisins; Juice & Milk	Scrambled Eggs Grits; Orange; Milk	Blueberry Muffin; Turkey Sausage Patty; Pineapple; Milk	Chicken Biscuit; Sliced Peaches; Milk
Lunch	Beef hamburger w/lettuce & tomatoes, baked beans, and fruit cocktail	Red beans and rice, smoked sausage, mustard greens, and pears	Turkey breast and rice, yams, green beans, and peaches	Lasagna, corn, lima beans, and pineapple	Shrimp stew and rice, peas, carrots, and fruit cocktail
Menu	Monday – 2/6	Tuesday – 2/7	Wed. – 2/8	Thursday –2/9	Friday – 2/10
Breakfast	Scrambled Eggs; Wheat Toast; Jelly; Apple; Milk	Whole Grain Cereal; Milk Animal Crackers; Raisins; Juice & Milk	Scrambled Eggs Grits; Orange; Milk	Blueberry Muffin; Turkey Sausage Patty; Pineapple; Milk	Chicken Biscuit; Sliced Peaches; Milk
Lunch	Chili beans, corn, green beans, and pineapple	Beef stew w/carrots & potatoes, peas, and mixed fruit	BBQ chicken thighs, mac and cheese, green beans, carrots, and pears	Lima beans w/rice, smoked sausage, corn and peaches	Crab patty, potatoes au gratin, mixed veggies, and mandarins