



# Lunch Menu

## Weeks of 8/3 and 8/7

Below is the breakfast and lunch menu for weeks of August 3 and August 7, 2023.

**\* Menu is subjected to change without notice.**

Menu	Monday – 7/31	Tuesday - 8/1	Wed. - 8/2	Thursday - 8/3	Friday - 8/4
Breakfast	NO SCHOOL	NO SCHOOL	NO SCHOOL	Scrambled eggs; grits; orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch				Roasted Pork Loin; Rice; Peas, Smothered Cabbage; Peaches	Shrimp Creole & Rice; Green Beans; Pineapple
Menu	Monday - 8/7	Tuesday - 8/8	Wed. - 8/9	Thursday - 8/10	Friday - 8/11
Breakfast	Turkey sausage patty; wheat toast; jelly; pineapple and milk	Scrambled eggs; biscuits; jelly; mandarins and milk	Blueberry muffin; turkey sausage patty; pineapple and milk	Scrambled eggs; grits; orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch	Stuffed bell pepper casserole; lima beans; carrots; fruit cocktail; roll and milk	Smothered chicken w/gravy; mashed potatoes; peas and carrots; mandarins; roll and milk	Hamburger w/cheese; baked beans; coleslaw; pineapple and milk	Red beans & rice; turkey smoked sausage; mustard greens; peaches and milk	Shrimp fettuccine; corn green beans; pears and milk



# Lunch Menu

## Weeks of 8/14 and 8/21

Below is the breakfast and lunch menu for weeks of August 14 and August 21, 2023.

**\* Menu is subjected to change without notice.**

Menu	Monday - 8/14	Tuesday - 8/15	Wed. - 8/16	Thursday - 8/17	Friday - 8/18
Breakfast	Turkey sausage patty; wheat toast; jelly; pineapple and milk	Scrambled eggs; biscuits; jelly mandarins and milk	Blueberry muffin; turkey sausage patty; pineapple and milk	Scrambled eggs; grits; orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch	Chicken stew; carrots and potatoes; green beans; mandarins; roll and milk	Chicken nuggets; mixed veggies; fruit cocktail; roll and milk	Chicken and sausage jambalaya; white beans; corn; mandarins; roll and milk	Sliced turkey breast; rice pilaf; peas and carrots; peaches; roll and milk	Beef sliders w/lettuce and tomatoes; peaches and milk
Menu	Monday - 8/21	Tuesday - 8/22	Wed. - 8/23	Thursday - 8/24	Friday - 8/25
Breakfast	Turkey sausage patty; wheat toast; jelly; pineapple and milk	Scrambled eggs; biscuits; jelly mandarins and milk	Blueberry muffin; turkey sausage patty; pineapple and milk	Scrambled eggs; grits; orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch	Hot dog and chili; baked beans; coleslaw; pineapple and milk	Salsbury steak w/gravy; scalloped potatoes; carrots; fruit cocktail; roll and milk	BBQ pulled pork; black eyed peas and rice; mixed veggies; peaches and milk	Spaghetti w/meat sauce; green beans; cucumber and tomato salad; pears and milk	Crab patty on bun; lettuce and tomato; coleslaw; peaches and milk



# Lunch Menu

## Weeks of 8/28 and 9/4

Below is the breakfast and lunch menu for weeks of August 28 and September 4, 2023.

**\* Menu is subjected to change without notice.**

Menu	Monday - 8/28	Tuesday - 8/29	Wed. - 8/30	Thursday - 8/31	Friday - 9/1
Breakfast	Turkey sausage patty; wheat toast; jelly; pineapple and milk	Scrambled eggs; biscuits; jelly mandarins and milk	Blueberry muffin; turkey sausage patty; pineapple and milk	Scrambled eggs; grits; orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch	Beef Soft Tacos; Corn; Fruit Cocktail and milk	Lasagna; corn; green beans; fruit cocktail; roll and milk	Chicken nuggets; mixed veggies; fruit cocktail; roll and milk	Pork cutlets; fields peas & rice; yam patties & pears	Shrimp stew & rice; green beans; pineapples; roll and milk
Menu	Monday - 9/4	Tuesday - 9/5	Wed. - 9/6	Thursday - 9/7	Friday - 9/8
Breakfast	NO SCHOOL	NO SCHOOL	Blueberry muffin; turkey sausage patty; pineapple and milk	Scrambled eggs; grits; orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch			Spaghetti w/meat sauce; green beans; cucumber and tomato salad; pears and milk	Roasted Pork Loin; Rice; Peas, Smothered Cabbage; Peaches	Shrimp creole and rice; mixed veggies; green beans; peaches and milk



# Lunch Menu

## Weeks of 9/11 and 9/18

Below is the breakfast and lunch menu for weeks of September 11 and September 18, 2023.

**\* Menu is subjected to change without notice.**

Menu	Monday – 9/11	Tuesday – 9/12	Wed. – 9/13	Thursday – 9/14	Friday – 9/15
Breakfast	Turkey sausage patty, wheat toast, jelly; pineapple and milk	Scrambled eggs; biscuits; jelly; mandarins and milk	Blueberry Muffin; Turkey Sausage Patty; Pineapple; Milk	Scrambled eggs; grits; orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch	Red Beans & Rice; Turkey Smoked Sausage; Mustard Greens; Peaches	Beef Cheeseburger; Baked Beans; Coleslaw; Pineapple	Stuffed bell pepper casserole; lima beans; sliced carrots; fruit cocktail; roll and milk	Smothered chicken; mashed potatoes; peas and carrots; mandarins; roll and milk	Shrimp fettuccini; wheat pasta; corn; green beans; pears and milk
Menu	Monday – 9/18	Tuesday – 9/19	Wed. – 9/20	Thursday – 9/21	Friday – 9/22
Breakfast	Turkey sausage patty; wheat toast; jelly; pineapple and milk	Scrambled eggs; biscuits; jelly; mandarins and milk	Blueberry muffin turkey sausage patty; pineapple and milk	Scrambled eggs; grits; orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch	Chicken nuggets; mixed veggies; fruit cocktail; wheat roll and milk	Chicken and sausage jambalaya; white beans; corn; mandarins; roll and milk	Chili w/beans; mixed veggies; carrots; fruit cocktail; crackers and milk	Chicken stew w/carrots and potatoes; green beans; mandarins; roll and milk	Crab patty on bun w/lettuce and tomatoes; carrots; peaches and milk



# Lunch Menu

## Week of 9/25

Below is the breakfast and lunch menu for week of September 25, 2023.

**\* Menu is subjected to change without notice.**

Menu	Monday – 9/25	Tuesday – 9/26	Wed. – 9/27	Thursday – 9/28	Friday – 9/29
Breakfast	Turkey sausage patty; wheat toast; jelly; pineapple and milk	Scrambled eggs; biscuits; jelly; mandarins and milk	Blueberry muffin; turkey sausage patty; pineapple and milk	Scrambled eggs; grits orange and milk	Wheat waffle; syrup; turkey sausage patty; sliced peaches and milk
Lunch	White beans and rice; beef pepper patty; creamed spinach; mandarins and milk	Lasagna; corn; green beans; fruit cocktail; roll and milk	BBQ pulled pork; black eye peas; rice; mixed veggies; peaches and milk	Salisbury steak; scalloped potatoes; carrots; fruit cocktail; roll and milk	Shrimp stew & rice; green beans; pineapple; roll and milk