



# Lunch Menu

## Weeks of 10/2 and 10/9, 2023

Below is the breakfast and lunch menu for weeks of October 2 – October 9, 2023

**\* Menu is subjected to change without notice.**

Menu	Monday – 10/2	Tuesday – 10/3	Wed. – 10/4	Thursday – 10/5	Friday – 10/6
Breakfast	Turkey sausage patty; wheat toast; pineapples	Biscuit; egg and mandarins	Blueberry muffin; turkey sausage patty; and pinapples	Scrambled eggs; toast; and pears	Waffles; turkey sausage patty and pineapples
Lunch	Lasagna; corn; green beans; and pears	Fields peas and rice; smoked sausage; spinach and peaches	Chicken creole w/rice; mixed veggies; and mandarins	Pork pepper steak; mashed potatoes; green beans; and peaches	Chicken nuggets; mixed veggies; and fruit cocktail
Menu	Monday – 10/9	Tuesday – 10/10	Wed. – 10/11	Thursday- 10/12	Friday – 10/13
Breakfast	No School	No School	Blueberry muffin; turkey sausage patty and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty and pineapples
Lunch	No School	No School	BBQ pork chop; corn; green beans; and peaches	Chicken stew w/carrots and potatoes; green peas and mandarins	Shrimp jambalaya; white beans; peas and carrots and pears



# Lunch Menu

## Weeks of 10/16 and 10/23/2023

Below is the breakfast and lunch menu for weeks of October 16 and October 23, 2023.

**\* Menu is subjected to change without notice.**

Menu	Monday-10/16	Tuesday –10/17	Wed. – 10/18	Thursday- 10/19	Friday – 10/20
Breakfast	Turkey sausage patty; toast and pineapples	Biscuit; eggs and mandarins	Blueberry muffin; turkey sausage patty and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty and pineapples
Lunch	Spaghetti w/meat sauce; green beans; corn and pineapples	Salisbury steak w/gravy; baked mac and cheese; lima beans and peaches	Meat and cheese pizza; corn; tomato and cucumber and mandarins	Chicken & sausage gumbo; sliced carrots; and fruit cocktail	Beef slider patty; tomato & cucumber and pears
Menu	Monday -10/23	Tuesday – 10/24	Wed. – 10/25	Thursday– 10/26	Friday – 10/27
Breakfast	Turkey sausage patty; toast and pineapples	Biscuit; eggs; and mandarins	Blueberry muffin; turkey sausage patty; and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty; and pineapples
Lunch	Chili beans and rice; mixed veggies; and fruit cocktail	Pork cutlets and rice; black eyed peas; yam patties and peaches	Chicken salad on bun; corn & potato soup; lettuce & tomatoes; and mandarins	Beef pepper patty w/gravy; mashed potatoes; broccoli; sliced carrots; and peaches	Shrimp gumbo; green beans; potato salad and pineapples



# Lunch Menu

## Weeks of 10/30 and 11/6/23

Below is the breakfast and lunch menu for weeks of October 30 and November 6, 2023.

**\* Menu is subjected to change without notice.**

Menu	Monday-10/30	Tuesday – 10/31	Wed. – 11/1	Thursday- 11/2	Friday – 11/3
Breakfast	Turkey sausage patty; toast; and pineapples	Biscuit; eggs; and mandarins	Blueberry muffin; turkey sausage patty; and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty; and pineapples
Lunch	Lasagna; corn; green beans and pears	Pork pepper steak; mashed potatoes; green beans and peaches	Fields peas and rice; smoked sausage; spinach and peaches	Chicken creole and rice; mixed veggies; and mandarins	Crab patty on bun; lettuce & tomatoes; and peaches
Menu	Monday –11/6	Tuesday – 11/7	Wed. – 11/8	Thursday –11/9	Friday – 11/10
Breakfast	Turkey sausage patty; toast; and pineapples	Biscuit; eggs; and mandarins	Blueberry muffin; turkey sausage patty; and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty; and pineapples
Lunch	Chicken veggie soup w/pasta; corn; fruit cocktail	Beef tips w/rice and gravy; lima beans; dice carrots and fruit cocktail	Shrimp bell pepper casserole; mixed veggies; peas and carrots; and pears	BBQ pork chop; corn; green beans and peaches	Tuna salad on bun; lettuce & tomatoes ; corn and mandarins



# Lunch Menu

## 11/13/23 and 11/27/23

Below is the breakfast and lunch menu for weeks of November 13, 2023 and November 27, 2023.

**\* Menu is subjected to change without notice.**

Menu	Mon. – 11/13	Tues. – 11/14	Wed. – 11/15	Thurs. – 11/16	Fri. – 11/17
Breakfast	Turkey sausage patty; toast and pineapples	Biscuit, eggs; and mandarins	Blueberry muffin; turkey sausage patty; and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty and pineapples
Lunch	Chicken & sausage gumbo; sliced carrots; and peaches	Red beans and rice; turkey smoked sausage; mustard greens; and sliced peaches	Salsbury steak w/gravy, baked mac and cheese; peas and carrots; lima beans and peaches	Chicken slider patty w/bun; green beans; lettuce & tomatoes; and mandarins	Shrimp jambalaya; white beans; peas and carrots; and pears
	Mon. – 11/27	Tues. – 11/28	Wed. – 11/29	Thurs. – 11/30	Fri. – 12/1
Breakfast	Turkey sausage patty; toast and pineapples	Biscuit, eggs; and mandarins	Blueberry muffin; turkey sausage patty; and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty and pineapples
Lunch	Beef pepper patty w/gravy; mashed potatoes; broccoli; sliced carrots; and peaches	Chili beans and rice; mixed veggies; and fruit cocktail	Chicken slider patty w/bun; green beans; lettuce & tomatoes; mandarins	Beef tips w/gravy and rice; lima beans; carrots and fruit cocktail	Crab patty on bun; lettuce & tomatoes; and peaches



# Lunch Menu

## 12/4/23 and 12/11/23

Below is the breakfast and lunch menu for weeks of December 4, 2023 and December 11, 2023.

**\* Menu is subjected to change without notice.**

Menu	Mon. – 12/4	Tues. – 12/5	Wed. – 12/6	Thurs. – 12/7	Fri. – 12/8
Breakfast	Turkey sausage patty; toast and pineapples	Biscuit, eggs; and mandarins	Blueberry muffin; turkey sausage patty; and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty and pineapples
Lunch	Lasagna; corn; green beans; and pears	Fields peas and rice; smoked sausage; spinach and peaches	Chicken creole and rice; mixed veggies; and mandarins	Pork pepper steak; mashed potatoes; green beans; and peaches	Tuna salad; lettuce & tomato; corn and mandarin
	Mon. – 12/11	Tues. – 12/12	Wed. – 12/13	Thurs. – 12/14	Fri. – 12/15
Breakfast	Turkey sausage patty; toast and pineapples	Biscuit, eggs; and mandarins	Blueberry muffin; turkey sausage patty; and pineapples	Scrambled eggs; toast and pears	Waffles; turkey sausage patty and pineapples
Lunch	Red beans and rice w/turkey smoked sausage; mustard greens and peaches	Chicken vegetable soup w/pasta; corn; and fruit cocktail	Chicken stew w/carrots & potatoes; green peas and mandarins	BBQ pork chop; corn; green beans; and peaches	Shrimp jambalaya; white beans; peas and carrots and pears



# Lunch Menu

## 12/18/23 and 12/19/23

Below is the breakfast and lunch menu for December 18, 2023 and December 19, 2023.

**\* Menu is subjected to change without notice.**

Menu	Mon. – 12/18	Tues. – 12/19	Wed. – 12/20	Thurs. – 12/21	Fri. – 12/22
Breakfast	Turkey sausage patty; toast and pineapples	Biscuit, eggs; and mandarins	No School	No School	No School
Lunch	Spaghetti & meat sauce; green beans; corn and pineapples	Salisbury steak w/gravy; baked mac & cheese; peas & carrots; lima beans & peaches	No School	No School	No School <b>Return to School on 1/5/24</b>