

**Lunch Menu**

**Weeks of 10/2 and 10/9, 2023**

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Below is the breakfast and lunch menu for weeks of October 2 – October 9, 2023

**\* Menu is subjected to change without notice.**

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| Menu | Monday – 10/2 | Tuesday – 10/3 | Wed. – 10/4 | Thursday – 10/5 | Friday – 10/6 |
| Breakfast | Turkey sausage patty; wheat toast; pineapples | Biscuit; egg and mandarins | Blueberry muffin; turkey sausage patty; and pinapples | Scrambled eggs; toast; and pears | Waffles; turkey sausage patty and pineapples |
| Lunch | Lasagna; corn; green beans; and pears | Fields peas and rice; smoked sausage; spinach and peaches | Chicken creole w/rice; mixed veggies; and mandarins | Pork pepper steak; mashed potatoes; green beans; and peaches | Chicken nuggets; mixed veggies; and fruit cocktail |
| Menu | Monday – 10/9 | Tuesday – 10/10 | Wed. – 10/11 | Thursday- 10/12 | Friday – 10/13 |
| Breakfast | No School | No School | Blueberry muffin; turkey sausage patty and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty and pineapples |
| Lunch | No School | No School | BBQ pork chop; corn; green beans; and peaches | Chicken stew w/carrots and potatoes; green peas and mandarins | Shrimp jambalaya; white beans; peas and carrots and pears |



**Lunch Menu**

**Weeks of 10/16 and 10/23/2023**

Below is the breakfast and lunch menu for weeks of October 16 and October 23, 2023.

**\* Menu is subjected to change without notice.**

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| Menu | Monday-10/16 | Tuesday –10/17 | Wed. – 10/18 | Thursday- 10/19 | Friday – 10/20 |
| Breakfast | Turkey sausage patty; toast and pineapples | Biscuit; eggs and mandarins | Blueberry muffin; turkey sausage patty and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty and pineapples |
| Lunch | Spaghetti w/meat sauce; green beans; corn and pineapples | Salisbury steak w/gravy; baked mac and cheese; lima beans and peaches | Meat and cheese pizza; corn; tomato and cucumber and mandarins | Chicken & sausage gumbo; sliced carrots; and fruit cocktail | Beef slider patty; tomato & cucumber and pears |
| Menu | Monday -10/23 | Tuesday – 10/24 | Wed. – 10/25 | Thursday– 10/26 | Friday – 10/27 |
| Breakfast | Turkey sausage patty; toast and pineapples | Biscuit; eggs; and mandarins | Blueberry muffin; turkey sausage patty; and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty; and pineapples |
| Lunch | Chili beans and rice; mixed veggies; and fruit cocktail | Pork cutlets and rice; black eyed peas; yam patties and peaches | Chicken salad on bun; corn & potato soup; lettuce & tomatoes; and mandarins | Beef pepper patty w/gravy; mashed potatoes; broccoli; sliced carrots; and peaches | Shrimp gumbo; green beans; potato salad and pineapples |





**Lunch Menu**

**Weeks of 10/30 and 11/6/23**

Below is the breakfast and lunch menu for weeks of October 30 and November 6, 2023.

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| Menu | Monday-10/30 | Tuesday – 10/31 | Wed. – 11/1 | Thursday- 11/2 | Friday – 11/3 |
| Breakfast | Turkey sausage patty; toast; and pineapples | Biscuit; eggs; and mandarins | Blueberry muffin; turkey sausage patty; and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty; and pineapples |
| Lunch | Lasagna; corn; green beans and pears | Pork pepper steak; mashed potatoes; green beans and peaches | Fields peas and rice; smoked sausage; spinach and peaches | Chicken creole and rice; mixed veggies; and mandarins | Crab patty on bun; lettuce & tomatoes; and peaches |
| Menu | Monday –11/6 | Tuesday – 11/7 | Wed. – 11/8 | Thursday –11/9 | Friday – 11/10 |
| Breakfast | Turkey sausage patty; toast; and pineapples | Biscuit; eggs; and mandarins | Blueberry muffin; turkey sausage patty; and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty; and pineapples |
| Lunch | Chicken veggie soup w/pasta; corn; fruit cocktail | Beef tips w/rice and gravy; lima beans; dice carrots and fruit cocktail | Shrimp bell pepper casserole; mixed veggies; peas and carrots; and pears | BBQ pork chop; corn; green beans and peaches | Tuna salad on bun; lettuce & tomatoes ; corn and mandarins |

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**Lunch Menu**

**11/13/23 and 11/27/23**

Below is the breakfast and lunch menu for weeks of November 13, 2023 and November 27, 2023.

**\* Menu is subjected to change without notice.**

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| --- | --- | --- | --- | --- | --- |
| Menu | Mon. – 11/13 | Tues. – 11/14 | Wed. – 11/15 | Thurs. – 11/16 | Fri. – 11/17 |
| Breakfast | Turkey sausage patty; toast and pineapples | Biscuit, eggs; and mandarins | Blueberry muffin; turkey sausage patty; and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty and pineapples |
| Lunch | Chicken & sausage gumbo; sliced carrots; and peaches | Red beans and rice; turkey smoked sausage; mustard greens; and sliced peaches | Salsbury steak w/gravy, baked mac and cheese; peas and carrots; lima beans and peaches | Chicken slider patty w/bun; green beans; lettuce & tomatoes; and mandarins | Shrimp jambalaya; white beans; peas and carrots; and pears |
|  | Mon. – 11/27 | Tues. – 11/28 | Wed. – 11/29 | Thurs. – 11/30 | Fri. – 12/1 |
| Breakfast | Turkey sausage patty; toast and pineapples | Biscuit, eggs; and mandarins | Blueberry muffin; turkey sausage patty; and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty and pineapples |
| Lunch | Beef pepper patty w/gravy; mashed potatoes; broccoli; sliced carrots; and peaches | Chili beans and rice; mixed veggies; and fruit cocktail | Chicken slider patty w/bun; green beans; lettuce & tomatoes; mandarins | Beef tips w/gravy and rice; lima beans; carrots and fruit cocktail | Crab patty on bun; lettuce & tomatoes; and peaches |



**Lunch Menu**

**12/4/23 and 12/11/23**

menu for November 13, 2023

Below is the breakfast and lunch menu for weeks of December 4, 2023 and December 11, 2023.

**\* Menu is subjected to change without notice.**

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| Menu | Mon. – 12/4 | Tues. – 12/5 | Wed. – 12/6 | Thurs. – 12/7 | Fri. – 12/8 |
| Breakfast | Turkey sausage patty; toast and pineapples | Biscuit, eggs; and mandarins | Blueberry muffin; turkey sausage patty; and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty and pineapples |
| Lunch | Lasagna; corn; green beans; and pears | Fields peas and rice; smoked sausage; spinach and peaches | Chicken creole and rice; mixed veggies; and mandarins | Pork pepper steak; mashed potatoes; green beans; and peaches | Tuna salad; lettuce & tomato; corn and mandarin |
|  | Mon. – 12/11 | Tues. – 12/12 | Wed. – 12/13 | Thurs. – 12/14 | Fri. – 12/15 |
| Breakfast | Turkey sausage patty; toast and pineapples | Biscuit, eggs; and mandarins | Blueberry muffin; turkey sausage patty; and pineapples | Scrambled eggs; toast and pears | Waffles; turkey sausage patty and pineapples |
| Lunch | Red beans and rice w/turkey smoked sausage; mustard greens and peaches | Chicken vegetable soup w/pasta; corn; and fruit cocktail | Chicken stew w/carrots & potatoes; green peas and mandarins | BBQ pork chop; corn; green beans; and peaches | Shrimp jambalaya; white beans; peas and carrots and pears |



**Lunch Menu**

**12/18/23 and 12/19/23**

Below is the breakfast and lunch menu for December 18, 2023 and December 19, 2023.

**\* Menu is subjected to change without notice.**

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| Menu | Mon. – 12/18 | Tues. – 12/19 | Wed. – 12/20 | Thurs. – 12/21 | Fri. – 12/22 |
| Breakfast | Turkey sausage patty; toast and pineapples | Biscuit, eggs; and mandarins | No School | No School | No School |
| Lunch | Spaghetti & meat sauce; green beans; corn and pineapples | Salisbury steak w/gravy; baked mac & cheese; peas & carrots; lima beans & peaches | No School | No School | No School  **Return to School on 1/8/24** |