Lunch Menu
Weeks of 9/28/26 and 10/5/26

MAX ACADEMY
Nicholls State University

Below is the breakfast and lunch menu for weeks of September 28 and October 5, 2026.

*** Menu is subjected to change without notice. All meals served with milk.**

Menu	Monday – 9/28	Tuesday – 9/29	Wed. – 9/30	Thursday – 10/1	Friday – 10/2
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Breaded beef patty; field peas and rice; mixed veggies; and pears	Chicken nuggets; mixed veggies; and mandarins	Beef slider patty on bun; sliced carrots; and fruit cocktail	Ham & Cheese casserole w/rice; broccoli; cucumber & tomato salad; and pears	Fish patty; au gratin potatoes ; mixed veggies; and pineapples
Menu	Monday – 10/5	Tuesday – 10/6	Wed. – 10/7	Thursday – 10/8	Friday – 10/9
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Lasagna; buttered corn; tomato and onion salad; and pears	Field peas and rice; smoked sausage; sauteed spinach; and pineapples	Chicken creole w/rice; mixed veggies; and mandarins	Pork pepper steak; mashed potatoes; broccoli; and peaches	Chili w/beans; mixed veggies; and fruit cocktail

This institution is an equal opportunity provider.

Lunch Menu
Weeks of 10/12/26 and 10/19/26

MAX ACADEMY
Nicholls State University

Below is the breakfast and lunch menu for weeks of October 12, 2026 and October 19, 2026.

*** Menu is subjected to change without notice. All meals served with milk.**

Menu	Monday –10/12	Tuesday – 10/13	Wed. – 10/14	Thursday-10/15	Friday-10/16
Breakfast	No School – Fall Break	No School – Fall Break	Oatmeal; turkey sausage patty; and pineapples	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	No School – Fall Break	No School – Fall Break	BBQ pork chop; buttered corn; coleslaw; and peaches	Chicken stew w/carrots and potatoes; sweet peas; and mandarins	Shrimp jambalaya; white beans; tossed salad; and pears
Menu	Monday-10/19	Tuesday – 10/20	Wed. – 10/21	Thursday– 10/22	Friday – 10/23
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Spaghetti w/meat sauce; green beans; cucumber & tomato; and pineapples	Salsbury steak w/gravy; mac and cheese; peas and carrots; and peaches	Chicken nuggets; buttered corn; and mandarins	Chicken & sausage gumbo; smothered okra; potato salad; and mandarins	Breaded beef patty; field peas and rice; tossed salad; and pears

This institution is an equal opportunity provider.

Lunch Menu
Weeks of 10/26/26 and 11/2/26

Below is the breakfast and lunch menu for weeks of October 26, 2026 and November 2, 2026.

*** Menu is subjected to change without notice. All meals served with milk.**

Menu	Monday– 10/26	Tuesday – 10/27	Wed. – 10/28	Thursday -10/29	Friday –10/30
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Chili w/beans; mixed veggies; fruit cocktail; and crackers	Pork cutlets; blackeye peas and rice; yam patties; and pears	Wheat crust Meat and cheese pizza; buttered corn; tomato and cucumber; and mandarins	Beef patty; mashed potatoes and gravy; mixed veggies; and peaches	Shrimp gumbo and rice; potato salad; and pineapple
Menu	Monday – 11/2	Tuesday –11/3	Wed. –11/4	Thursday –11/5	Friday –11/6
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Scrambled eggs; toast; jelly; peaches and milk	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffle; syrup; turkey sausage patty; and mandarins
Lunch	Pork pepper steak; mashed potatoes; broccoli; and peaches	Lasagna; buttered corn; tomato & onion salad; and pears	Field peas and rice; smoked sausage; sauteed spinach; and pineapples	Chicken creole w/rice; mixed veggies; and mandarins	White beans and rice; beef patty; mixed veggies; and peaches

This institution is an equal opportunity provider.

Lunch Menu
Weeks of 11/9/26 and 11/16/26

Below is the breakfast and lunch menu for weeks of November 9, 2026 and November 16, 2026.

*** Menu is subjected to change without notice. All meals served with milk.**

Menu	Monday – 11/9	Tuesday –11/10	Wed. –11/11	Thursday –11/12	Friday -11/13
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Beef tips ww/rice; onion & bell pepper gravy; lima beans; and fruit cocktail	Chicken noodle soup w/veggies; salad; and fruit cocktail	Beef hot dog; chili; baked beans; coleslaw; and fruit cocktail	BBQ pork chop; corn; coleslaw; and peaches	Tuna salad; lettuce and tomatoes; potato soup; and mandarins
Menu	Monday- 11/16	Tuesday –11/17	Wed. –11/18	Thursday –11/19	Friday –11/20
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Red beans and rice; turkey smoked sausage; mustard greens; and pineapples	Chicken & sausage gumbo; smothered okra; potato salad; and pears	Chicken nuggets; buttered corn; and mandarins	Salisbury steak w/gravy; mac and cheese; peas and carrots; and peaches	Meat & cheese pizza; green beans; tomato & cucumber; and pears

This institution is an equal opportunity provider.

Lunch Menu
Weeks of 11/30/26 and 12/7/26

Below is the breakfast and lunch menu for weeks of November 30, 2026 and December 7, 2026.

*** Menu is subjected to change without notice. All meals served with milk.**

Menu	Monday –11/30	Tuesday –12/1	Wed. –12/2	Thursday -12/3	Friday -12/4
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Chili w/beans; mixed veggies; and fruit cocktail	Beef patty; mashed potatoes w/gravy; mixed veggies; and peaches	Chicken & sausage gumbo; smothered okra; potato salad; and mandarins	Beef tips w/rice; onion and bell pepper gravy; lima beans; and fruit cocktail	Fish patty; au gratin potatoes ; mixed veggies; and pineapples
Menu	Monday- 12/7	Tuesday –12/8	Wed. –12/9	Thursday –12/10	Friday –12/11
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Lasagna; buttered corn; tomato & onion salad; and pears	Field peas and rice; smoked sausage; sauteed spinach; and pineapples	Chicken creole w/rice; mixed veggies; and mandarins	Beef patty; mashed potatoes w/gravy; mixed veggies; and peaches	Pork roast w/gravy; field peas and rice; green beans; and pears

This institution is an equal opportunity provider.

Lunch Menu
Week of 12/14/26

Below is the breakfast and lunch menu for week of December 14, 2026.

*** Menu is subjected to change without notice. All meals served with milk.**

Menu	Monday –12/14	Tuesday –12/15	Wed. –12/16	Thursday -12/17	Friday -12/18
Breakfast	Oatmeal; turkey sausage patty; and pineapples	Wheat toast; scrambled eggs; and mandarins	Cereal; sausage patty and sliced peaches	Sausage patty; grits; wheat toast; and pears	Wheat waffles; turkey sausage patty; and mandarins
Lunch	Red beans and rice; turkey smoked sausage; mustard greens; and fruit cocktail	Chicken noodle soup w/veggies; salad; and fruit cocktail	BBQ pork chop; corn; coleslaw; and peaches	Chicken stew w/carrots & potatoes; sweet peas; and mandarins	Shrimp jambalaya; white beans; salad; and pears

This institution is an equal opportunity provider.