



# Lunch Memo

Date: October 19, 2020

Below is the breakfast and lunch menu for November 2<sup>nd</sup> – 13<sup>th</sup>.

Students whose parents choose to participate in the free meal program will receive free breakfast and/or lunch throughout the 2020-2021 school year. If you would like your child to participate in the breakfast/lunch program and have not chosen to participate please contact the school.

Menu	Monday 11/2	Tuesday 11/3	Wednesday 11/4	Thursday 11/5	Friday 11/6
Breakfast	Zee Zees Cinnamon Crisp Bar		Whole Grain Cheerios	Whole Grain Cheerios	Zee Zees Berry Apple Crisp Bar
Lunch	Orange Chicken with Not So Fried Rice		Pepperoni Pizza	Classic Spaghetti and Meatballs	Chicken Corn Dog Bites
Menu	Monday 11/9	Tuesday 11/10	Wednesday 11/11	Thursday 11/12	Friday 11/13
Breakfast	Cinnamon Grahams	Whole Grain Cheerios	Multigrain Cheerios	Zee Zees Cinnamon Crisp Bar	Whole Grain Corn Chex
Lunch	Flamed-Broiled Beef Cheeseburger	The Revolution Hot Dog	Cheese Pizza	Beef & Bean Burrito	Breakfast for Lunch: Pancakes & Cheesy Omelet
Menu	Monday 11/16	Tuesday 11/17	Wednesday 11/18	Thursday 11/19	Friday 11/20
Breakfast	Whole Grain Cheerios	Zee Zees Cinnamon Crisp Bar	Multigrain Cheerios	Cinnamon Crumble	Zee Zees Berry Apple Crisp Bar
Lunch	Chicken Taco Trio	Creamy Pasta Alfredo	Flamed-Broiled Beef Cheeseburger	Breakfast for Lunch: Pancakes & Cheesy Omelet	The Revolution Hot Dog

\* Menu is subjected to change without notice.